



**GASTROSCOPY • DIAGNOSTIC AND THERAPEUTIC COLONOSCOPY • WIRELESS CAPSULE ENDOSCOPY**

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## Colonoscopy Preparation Instructions

### Bowel Preparation Requirements:

The colon must be completely cleaned of waste for the examination to be successful. Inadequate cleaning of the bowel may result in the procedure having to be repeated, so please follow the MOVIPREP & SENOKOT instructions carefully.

Reminder: Drink plenty of water or clear fluids until **3 hours** prior to your examination.

Any necessary medications can be taken as per usual, unless otherwise instructed.

Please advise our reception staff IF:

- You are a Diabetic,
- Take blood thinning medication,
- Have a Pacemaker, Defibrillator or any heart valves or stents.

### Hospital Policy:

Patients are NOT permitted to drive or operate machinery until the following day. It is not advisable to fly on an aircraft on the day of the procedure.

You will require an escort home (this does NOT include a public bus or taxi driver) and someone to stay with you after the procedure. If you do not provide details of an escort to the hospital, your procedure will be cancelled.

### Cancellation Policy:

If you are unable to attend or need to reschedule your procedure, please advise our Medical Receptionist at least 48 hours prior to your appointment to avoid a 5% administration charge being withheld.

If you have any additional questions that are not covered in this information pack, please contact our Medical Receptionist on (07) 4041 2877.

Thank you,

Cairns Gastroenterology.